

The Department of Nutrition, University of Massachusetts Amherst
invites you to

The 28th Annual Virginia A. Beal Lecture and Awards

WEDNESDAY, APRIL 20, 2016

4:00 PM – 6:30 PM

Campus Center Auditorium



What is “Food Addiction”? Empirical Evidence and Treatment Implications

Valentina Ivezaj, Ph.D.

Associate Research Scientist at the Program for Obesity, Weight, and Eating
Research, Yale University School of Medicine, Department of Psychiatry

The concept of “food addiction” is controversial yet continues to stimulate scientific and clinical interest. This talk will focus on examining empirical evidence for food addiction by drawing parallels to traditional addictive disorders and binge eating, while also highlighting unique differences between these constructs. The relationships among food addiction, binge eating, and obesity will also be discussed. Finally, treatment approaches based on addictive and eating disorder models will be reviewed.

Program:

- 4:00 PM **Refreshments and Poster Session**
Nutrition graduate students will be sharing their research in this open poster session
- 5:00 PM **Department of Nutrition Awards**
Presentation of the Virginia A. Beal, Peter Pellet, and Helen Mitchell Awards
- 5:30 PM **What is “Food Addiction”? Empirical Evidence and Treatment Implications**
Valentina Ivezaj, Ph.D.



This program is free and open to all.