



Western Area Massachusetts Dietetic Association  
presents

THE 24<sup>TH</sup> ANNUAL

**WAMDA**

5k run/walk  
& health fair

to benefit



The Food Bank  
of Western Massachusetts



**DURING NATIONAL NUTRITION MONTH**

**MARCH 4**  
**2017**

**REGISTRATION &  
HEALTH FAIR: 9 AM**  
**RUN/WALK: 11 AM**

**LOOK PARK**  
**GARDEN HOUSE**  
**NORTHAMPTON**

**REGISTER: [WWW.WAMDA.ORG](http://WWW.WAMDA.ORG)**