



October 2026 Member Spotlight

Get to Know: Corinne Gibson

1. What is your educational background?

I have my associate's degree in theater, bachelor's in nutrition, and master's in nutrition

2. How did you get involved in the nutrition field?

While I was at Greenfield Community College pursuing theater, I had to take a biology course as part of my gen eds. I decided to take a nutrition course, and ended up LOVING it. The science of it was challenging, but I was intrigued and inspired to change my career path into the health space. After graduating, I took some time to figure out what I really wanted to do, and decided to transfer to UMass Amherst and change my major to nutrition. This opened up some fantastic opportunities for me in the field, and fueled my passion for helping others.

3. What are you presently doing in the nutrition field? (what had you been doing before your retirement)

I currently work in two settings as an RD. I am a part of an incredible private practice, Pyramid Nutrition Services, doing 1:1 nutrition counseling both in person and via telehealth with clients of all ages. I also work for a PACE program (Program for All-inclusive Care for the Elderly) as a clinical / outpatient dietitian for low-income seniors.

4. What do you like to do for fun in your spare time?

I love to cook, get lost in a good movie or TV show, spend time with my family and friends, and get outside when it's warm. I also love exploring new places to eat with my friends.

5. Do you do any volunteer work in the nutrition field or in your community? If so, please describe.

Currently I do not. *(WAMDA Webmaster Note: Corinne currently volunteers on the WAMDA Board of Directors!)*

6. If you would like to include info on your family, please add some details including if you have any pets!

I just got married in June to my amazing husband! We have 2 cats and hope to have a dog one day. I grew up in a very musical family, having a mom who was a music teacher, a dad in a classic rock band,

and one brother who started an a capella group with me in high school and works in sound engineering.

7. Is there anything else you would like to do in your career? (you could discuss what you would like to do in your retirement)

My ambition is to make even just the smallest difference in peoples' lives when it comes to their health, nutrition or not. I also hope that my career gives me the opportunity to travel internationally and learn about food traditions around the world!

8. Please add anything else that you would like to share so that the WAMDA membership gets to know a little about you.

Before nutrition, my entire background and childhood was performing arts. I loved to be on stage, singing, dancing, and just having fun. I also went to the New England Center for Circus Arts, right in my hometown, where I did acrobatics and aerial arts for years, and have days where I really miss it. I hope to get back in the air someday soon!