

Treating Eating Disorders One Meal at a Time

Family-Based Treatment for Youth and Adolescents

Provided by:
**Baystate Department of Pediatrics, Baystate Department of Child Behavioral Health
 and Baystate Continuing Interprofessional Education**

September 11 & 12, 2017
10:00 am - 5:00 pm

Hadley Farms Meeting House
41 Russell St., Route 9, Hadley, MA

STATEMENT OF NEED:

Improve the knowledge and skills of providers and families in the community about eating disorders and Family-Based Treatment.

GOAL

The goal of this educational activity is to support patient safety, patient satisfaction, and innovative practices appropriate to the individual patient and our community.

September 11th

Introduction and review of eating disorders and the tenets of Family-Based Treatment.

TARGET AUDIENCE

This course is designed for physicians, advanced practitioners, nurses, therapists (psychologists and social workers), dietitians and school personnel.

Program

- 10:00 Welcome
- 10:15 Introduction to Eating Disorders and Family-Based Treatment
Daniel Le Grange, PhD
- 10:45 Medical Evaluation and Complications of Eating Disorders
Laura Koenigs, MD
- 11:15 Treatments of Eating Disorders and the Evidence Behind Them
Daniel Le Grange, PhD
- 12:00 The Role of the Dietitian in FBT: Aligning Nutrition Advice with FBT Principles
Claire Norton, MS, RD, LDN
- 12:30 Lunch - Meet with the Specialists
Family-Based Treatment ~ Daniel Le Grange, PhD
- 1:15 Outline Phases of Treatment and Overview of the Manual
- 3:15 Break
- 3:30 Case Presentations / Role Plays
- 4:30 Questions and Answers

Learner Objectives

1. Describe the presentation of common eating disorders and conditions that can masquerade as eating disorders.
2. Distinguish the role of the dietitian working with families of patients with eating disorders in Family-Based Treatment from the individual approach of working with the patient with an eating disorder.
3. Describe the basis of Family-Based Treatment and the outline for the stages of treatment.

TUITION

Includes continental breakfast, lunch and refreshment break. There is no charge for parking.

SEPTEMBER 11

Through August 28th: Early online \$80

After August 28th: Online \$90

All Checks: \$100

September 12th

Treating Eating Disorders: MASTER CLASS

TARGET AUDIENCE

This course is designed for clinicians and medical providers who are already providing Family-Based Treatment in their programs.

Program

- Daniel Le Grange, PhD*
- 10:00 Research Updates and FBT Adaptations
- 11:30 Alternative Treatment Options (for when FBT is not a good fit)
- 12:30 Lunch
- 1:15 FBT with Specific Populations
- 3:15 Break
- 3:30 Advanced Topics: Engagement Challenges, Transitions, Relapses
- 5:00 Adjourn

Learner Objectives

1. Create treatment plans to address the specific needs of individual families at different stages of treatment.
2. Apply discussion about advanced topics - including difficulties in engagement, getting stuck midway in treatment, shifting focus from weight gain to broader individual and family issues, revisiting family therapy during relapses - to your current case examples.
3. Identify families that are not a good fit for the standard family approach and select treatment modifications using emerging research.

An unrestricted educational grant has been provided by:



Keynote Speaker: Daniel Le Grange, PhD

Distinguished Professor
 University of California, San Francisco
 Benioff UCSF Professor in Children's Health
 Eating Disorders Director

Laura Koenigs, MD

Associate Professor
 University of Massachusetts Medical School-Baystate
 Medical Director, Baystate Eating Disorders Program
 Baystate Medical Center

Claire Norton, MS, RD, LDN

Clinical Dietitian BHS
 Senior Lecturer, Nutrition Department
 University of Massachusetts, Amherst

FACULTY DISCLOSURE

None of the faculty or members of the planning committee have commercial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

For the most current information on course content, faculty disclosure, credits, tuition and to register go to www.learn.bhs.org.



In support of improving patient care, Baystate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy

Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

PHYSICIANS

Baystate Health designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)™ (Sept 11) and 6 AMA PRA Category 1 Credit(s)™ (Sept 12). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

This activity carries a maximum of 5.75 contact hours (Sept 11) and 6 contact hours (Sept 12).

PSYCHOLOGISTS

Baystate Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Baystate Health maintains responsibility for this program and its content. 5.75 CE credit(s) (Sept 11) and 6.0 CE credit(s) (Sept 12) for psychologists have been granted for this educational activity.

MENTAL HEALTH COUNSELORS

Baystate Health is an NBCC Approved Continuing Education Provider, (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP is solely responsible for all aspects of the program. (ACEP #5684) 5.75 clock hours (Sept 11) and 6.0 clock hours (Sept 12).

SOCIAL WORKERS

Application has been made

Registration

LAST NAME _____
 FIRST NAME _____
 PROFESSION _____
 HIGHEST PROFESSIONAL DEGREE _____
 SPECIALTY _____
 INSTITUTIONAL AFFILIATION _____
 HOME ADDRESS _____
 CITY _____ STATE _____ ZIP CODE _____
 E-MAIL _____
 HOME PHONE _____ WORK PHONE _____

To register via MAIL:

ENTER YOUR CE ID NUMBER in ONE of the boxes to the right. Use your CE ID number to register for courses, access your CE transcript/credits, and confirm your registration.

MAIL TO:

Baystate Continuing Interprofessional Education 361
 Whitney Ave, Holyoke, MA 01040

To register ONLINE using a charge card go to learn.bhs.org

WE CANNOT PROCESS REGISTRATIONS WITHOUT PAYMENT

Please register me for Sept 11
 Sept 12

CE ID Number

Write your CE Portal ID once in this section. This ID connects all of your Baystate CE information. Use it to sign into the Learner Portal at learn.bhs.org to register for courses with a credit card and review your transcript.

FOR BAYSTATE EMPLOYEES AND MEDICAL STAFF:

Baystate Employees EN
 Physicians/Staff PN

FOR ALL OTHERS:

A. B. C.

- A. First initial of your first name
- B. Birthday month and day (ex: 2 digits each: May 7=0507 not 57)
- C. Last four digits of social security number

CANCELLATIONS:

If you must cancel, telephone Baystate Continuing Interprofessional Education at 413-322-4242 and follow your call with a written refund request or FAX your cancellation request to 413-322-4259. All cancellations will incur a \$25 fee. We cannot refund cancellations received less than two weeks (10 business days) before the program date.