

Pediatric Nutrition in Health and Disease

The Log Cabin
June 2, 2010

Objectives

TARGET AUDIENCE

This course is designed for physicians in general or subspecialty care, registered dietitians, and nurses to highlight current guidelines and evolving issues in nutritional care from infancy through adolescence.

STATEMENT OF NEED

Nutrition plays a key role in the growth and development of healthy infants, children and adolescents; as well as, improving outcomes and hastening recovery during illness.

GOAL

The goal of this program is to provide updates in pediatric nutrition in health and disease and to address controversies in the areas of nutrition support.

LEARNER OBJECTIVES

By participating in this program, you should be able to:

1. Discuss the key role nutrition plays in pediatrics.
2. Describe the magnitude of obesity and overweight in the pediatric community.
3. Discuss challenges in the dietary management of excessive body weight.
4. Describe the prevalence and scope of community malnutrition.
5. Describe the health effects of nutritional depletion.
6. Explain how to conduct a systematic evaluation of the malnourished child.
7. Discuss treatment strategies for nutrition depletion.
8. Discuss the nutritional consequences of inflammatory disorders of the gastrointestinal tract.
9. Describe strategies for nutritional therapy in children with gut inflammation.
10. Explain the indications for alternative nutritional therapies used in the pediatric community.
11. Compare the evidence for and potential risks of alternative therapies.

Program

- 12:00 Registration, Lunch and Exhibits**
- 12:45 Introduction to Nutrition in Pediatrics**
Susan Goode, MD, MS, RD
- 1:00 Pediatric Obesity**
Chrystal A. Wittcopp, MD
- 1:45 Pediatric Malnutrition**
Kevin Sztam, MD, MPH
- 2:30 Question and Answer Session**
- 2:45 Refreshment Break and Exhibits**
- 3:00 Clinical Update: Nutrition in Gut Inflammation**
Neal LeLelko, MD, PhD
- 3:45 Current Topics in Alternative Nutritional Therapies**
Nancy Anderson, MS, RD, CSP, LDN
- 4:30 Question and Answer Session**
- 4:45 Summary and Take-Home Points**
- 5:00 Adjourn**
Susan Goode, MD, MS, RD

Faculty

Nancy L. Anderson, MS, RD, CSP, LDN
Pediatric Dietitian
Baystate Children's Hospital

Neal S. LeLelko, MD, PhD
Professor of Pediatrics
Alpert Medical School at Brown University
Director, Division of Pediatric Gastroenterology, Nutrition and Liver Diseases
Hasbro Children's Hospital/
Rhode Island Hospital

Kevin Sztam, MD, MPH
Instructor, Harvard Medical School
Pediatric Gastroenterologist
Children's Hospital Boston

Chrystal Ann Wittcopp, MD
Assistant Professor of Pediatrics
Tufts University School of Medicine
Director, Baystate Pediatric Weight Management Program
Co-Director, Baystate Medical Center Weight Management Program
Section of Endocrinology

Program Director

Susan P. Goode, MD, MS, RD
Assistant Professor in Pediatrics
Tufts University School of Medicine
Pediatric Gastroenterologist
Baystate Children's Hospital

FACULTY DISCLOSURE

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Registration

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FIRST NAME _____
PROFESSION _____
HIGHEST PROFESSIONAL DEGREE _____
SPECIALTY _____
INSTITUTIONAL AFFILIATION _____ HOME PHONE _____ WORK PHONE _____
HOME ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____
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ENTER YOUR CE ID NUMBER in ONE of the boxes to the right. Use your CE ID number to register for courses, access your CE transcript/credits, and confirm your registration.

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A. B. C.

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B. Birthday month and day (2 digits each May 7 = 0507 **not** 57)
C. Last four digits of social security number

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PLEASE POST

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June 2, 2010
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Holyoke, MA

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Sponsored by Baystate Health Department of Pediatrics, Pediatric Gastroenterology Service and Baystate Health Continuing Education

Credits

PHYSICIANS

Baystate Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baystate Health designates this educational activity for a maximum of *3.75 AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NURSES

Baystate Health is an approved provider of continuing nursing education by the Massachusetts Association of Registered Nurses, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity carries a maximum 3.75 contact hours.

DIETITIANS

This educational program provides 3.75 instructional hours. It is the dietitians' responsibility to maintain the required information for submission to the Commission.

For additional course listings and your transcript go to baystatehealth.org/learn

Location

This program will take place at **The Log Cabin**, 500 Easthampton Road, Holyoke, MA 01040. The Log Cabin phone number is 413-535-5077. The Log Cabin has free surface parking.

DIRECTIONS

From the Mass Pike: Take Exit 4 to I-91 North. From I-91, take Exit 17B to Route 141 West. The Log Cabin is two miles ahead on the left.
From the North: Travel South on I-91. Take Exit 17 to Route 141 West (going toward Easthampton). The Log Cabin is two miles ahead on the left.

From the South: Travel North on I-91. Take Exit 17B to Route 141 West. The Log Cabin is two miles ahead on the left.

OVERNIGHT ACCOMMODATIONS

For overnight accommodations, call the Clarion Hotel at 413-586-1211 or 1-800-582-2929 and ask for the Baystate Health rate of \$79-\$119 single or double. This rate includes continental breakfast, free parking, and use of the indoor pool.

YOUR COMFORT

Meeting room temperatures will fluctuate. Please dress in layers and bring a sweater.

SPECIFIC AIDS OR SERVICES

Please call Baystate Health Continuing Education at 413-322-4242, if under the Americans with Disabilities Act you require specific aids or services during your visit to this continuing education program.

Registration

TUITION

Through 5/19/10

Physicians	On-line	Mail
	\$50	\$60
Others	On-line	Mail
	\$35	\$45

After 5/19/10

Physicians	On-line	Mail
	\$60	\$70
Others	On-line	Mail
	\$45	\$55

Tuition includes continental breakfast, lunch and refreshment break.

YOU CAN REGISTER TWO WAYS:

On-line: at baystatehealth.org/learn

Returning Users: Click the login link, enter your CE ID number and follow the registration process.

New Users: Select your course, complete the user profile, and complete the registration process. Your CE ID number and course confirmation will be e-mailed to the address you entered during registration.

By Mail: Complete the registration form below and mail it along with a check for the full course fee to Baystate Health Continuing Education, 361 Whitney Avenue, Holyoke, MA, 01040. If you must cancel, telephone Baystate Health Continuing Education at 413-322-4242 and follow your call with a **written refund request** or FAX your cancellation request to 413-322-4259. All cancellations will incur a \$25 fee. We cannot refund cancellations received less than two weeks (10 business days) before the program date. For additional information, call Baystate Health Continuing Education at 413-322-4242 or e-mail joanna.barnett@baystatehealth.org